

Family Bible Time!

This week we are looking at Jesus appearing to Thomas.

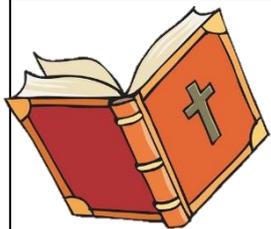
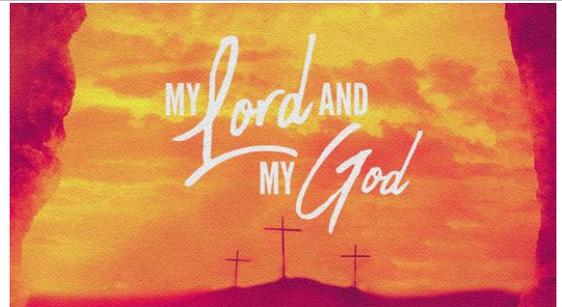
We're looking at the resurrection appearances of Jesus- all the times Jesus spent time with people after He came back to life.

We can use these experiences to learn more about Jesus and how we can know Him today!

Use all or some of these ideas to explore this story as a family! Remember, you know your family best so feel free to adapt this resource!



Think about all the things people say they believe in but have never seen- it could be UFOs, unicorns etc. Can you think of things we know exist but we can't see?



Read the story together- either from a Bible Storybook, from your own Bibles or from this sheet. Think of an action you could do every time you hear the name "Thomas"

Jesus and Thomas

²⁴Although Thomas the Twin was one of the twelve disciples, he wasn't with the others when Jesus appeared to them. ²⁵So they told him, "We have seen the Lord!"

But Thomas said, "First, I must see the nail scars in his hands and touch them with my finger. I must put my hand where the spear went into his side. I won't believe unless I do this!"

²⁶A week later the disciples were together again. This time, Thomas was with them. Jesus came in while the doors were still locked and stood in the middle of the group. He greeted his disciples ²⁷and said to Thomas, "Put your finger here and look at my hands! Put your hand into my side. Stop doubting and have faith!"

²⁸Thomas replied, "You are my Lord and my God!"

²⁹Jesus said, "Thomas, do you have faith because you have seen me? The people who have faith in me without seeing me are the ones who are really blessed!"

John 20:24-29

If you would like to watch a video of this story here's a suggestion:

https://www.youtube.com/watch?v=A_QcGnwilXI

Questions and things to chat about:

- Why do you think Thomas didn't believe His friends?
- What did Thomas want to do to really believe that it was Jesus?
- What times are there when you find it hard to believe?
- Who does Jesus say is really blessed?
- How do we know Jesus is alive today when we don't see Him?



Craft:

- Draw round your hands and put a mark where Thomas wanted to put his finger
 - Create a poster with the words "My Lord and My God" on it- what did it mean when Thomas said this?
 - Make some glasses and decorate it with all the ways you might be able to "see" Jesus today.



Games & Songs:

- Put different objects in a box or opaque bag and have the family guess what is inside of them
- Try doing some trust falls with each other
- Song Suggestion:
<https://www.youtube.com/watch?v=tJuGtqSMvn4> (I believe- Big Ministries)
- Song Suggestion:
<https://www.youtube.com/watch?v=A-aSmurqrzA> (The Creed)



Prayer activity:

During Coronavirus, it might be hard to "see" Jesus. Take some time to ask Jesus some "Why?" questions about this time, and listen for any answers He might give.



Extras:

- Find a true/false quiz online that has crazy facts! Think about how Thomas wanted proof to believe
- Blindfold a person in the family and get somebody else to choose a food and feed them- how easy is it to trust somebody else?
- Think about how you would respond to someone who said to you "I just doubt that Jesus loves me."

